



# INTERNATIONAL KARATE CENTER OF NEW YORK PROMOTION FORM

NAME \_\_\_\_\_ AGE \_\_\_\_\_ M OR F \_\_\_\_\_ BELT SIZE \_\_\_\_\_ DATE \_\_\_\_\_

RANK \_\_\_\_\_ HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_ EXAM FEE PAID \_\_\_\_\_

## KIHON

GEDAN BERAI / OI ZUKI \_\_\_\_\_  
GEDAN BARAI / GYAKU ZUKI \_\_\_\_\_  
JODAN AGE UKE / CHUDAN REN ZUKI \_\_\_\_\_  
CHUDAN SHUTO UKE \_\_\_\_\_  
MAE GERI \_\_\_\_\_  
MAWASHI GERI \_\_\_\_\_  
YOKO GERI \_\_\_\_\_  
OTHER \_\_\_\_\_  
OTHER \_\_\_\_\_  
OTHER \_\_\_\_\_

## KATA

TAIKYOKU \_\_\_\_\_  
HEIAN \_\_\_\_\_  
TEKKI \_\_\_\_\_  
BASSAI \_\_\_\_\_  
NIJUSHI \_\_\_\_\_  
HANGETSU \_\_\_\_\_  
ENPI \_\_\_\_\_  
KANKU DAI \_\_\_\_\_  
OTHER \_\_\_\_\_  
OTHER \_\_\_\_\_

## KUMITE

IPPON KUMITE \_\_\_\_\_  
SANBON KUMITE \_\_\_\_\_  
KIHON KUMITE \_\_\_\_\_  
JIYU KUMITE \_\_\_\_\_  
OTHER \_\_\_\_\_  
OTHER \_\_\_\_\_  
OTHER \_\_\_\_\_  
OTHER \_\_\_\_\_  
OTHER \_\_\_\_\_

JUDGE 1

JUDGE 2

JUDGE 3

JUDGE 4

JUDGE 5

PASSING GRADE:

NEW RANK:

MUST RETEST:

COMMENTS: